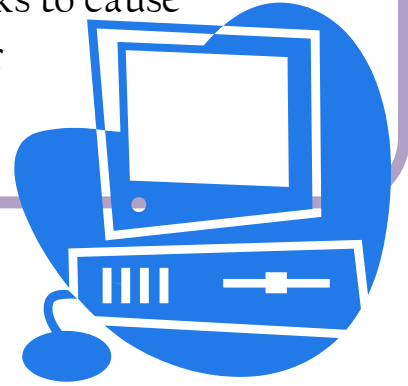


Cyberbullying
Prevention
Home Connection

What is Cyberbullying?

Cyberbullying is intentional and repeated use of computer and social networks to cause harm and distress to another person.



Here's what families can do:

1. Supervise your children when they are online. Even when they are on age appropriate websites.
2. Reinforce that your family values- such as being honest, caring, and respectful- should also be applied when using computers and cellphones.
3. Start a conversation about cyberbullying with your children. Talk about positive roles they can take if they do witness cyberbullying.
4. Talk about ways to handle these situations if your child is a target of cyberbullying.